

Registration

Duplicate this form for multiple attendees. Refunds less a \$25 processing fee prior to April 9, 2010. Registration is also available online at www.mhag.org.

Name: _____

Professional Title: _____

Org./Co.: _____

Address: _____

City: _____

State, Zip: _____

Phone: _____

Email: _____

Conference Sessions (Please Circle)

- Session I A - Addiction, Families, and Recovery
 B - Psychopharmacology Update
- Session II A - All Dual Diagnoses Are Not Created Equal
 B - Peer Support and the Recovery Journey
- Session III A - How to Get Your Emotional Needs Met
 B - Vision Horse: Communication, Healing, and Recovery

REGISTRATION FEES

(Includes breakfast, lunch, materials and continuing education credit)

Conference Fees.....\$85

Lunch & Plenary Session Only.....\$25

Scholarships are available. Please contact Jamie Stephens at (336) 373.1402 or jstephens@mhag.org for more information.

Check/Money Order enclosed \$ _____

Please charge my (Circle One)

VISA - MasterCard - American Express \$ _____

_____ exp. _____

Name as appears on card _____

Signature _____

Return completed form with payment to:

Mental Health Association in Greensboro

330 S. Greene Street, Suite B12 Greensboro, NC 27401

(336) 373.1402 phone (336) 273.4474 fax

Mental Health

ASSOCIATION IN GREENSBORO

Advancing Mental Wellness

REGIONAL MENTAL HEALTH CONFERENCE

"Mental Health and Addictive Disorders: Paths to Recovery"



Regional Mental Health Conference

April 16, 2010

8:00 a.m. - 4:00 p.m.

The Empire Room, 203 S. Elm Street

This 14th annual Regional Mental Health Conference features sessions in which participants can discuss with an esteemed faculty the challenges associated with wellness and the opportunities for enhancing recovery.

Participants will leave with renewed energy and greater insight into recovery and wellness.

Who Should Attend?

The target audience for this conference includes, but is not limited to, the following:

- Social Workers
- Clergy
- Nurses
- Educators
- Counselors
- Students
- Therapists
- Caregivers
- Psychiatrists
- Consumers
- Psychologists
- Friends and Families

Continuing Education Credits

Greensboro AHEC will provide the following continuing education credits to participants attending the entire program: 0.6 CEU (6.0 contact hours).

6.0 Contact Hours - NBCC (Provider #5470) - Greensboro AHEC is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. AHEC adheres to NBCC continuing education guidelines.

6.0 Contact Hours - (Category A) - Continuing Education for North Carolina Licensed Psychologists

6.0 Contact Hours - NCSAPPB substance abuse credit pending.

Parking

Free parking is available in the parking deck located behind the Empire Room. There are additional parking garages located on the corners of Greene Street and Washington Street, and Davie Street and Friendly Avenue.

Americans with Disabilities Act

If you require reasonable accommodations for a disability in order to participate, please call the Association at (336) 373.1402.

Mental Health and Addictive Disorders: Paths to Recovery

Registration: 7:45 a.m. - 8:30 a.m.

Opening Session: 8:30 a.m. - 9:00 a.m.

Conference Welcome from the Mental Health Association in Greensboro:

Paul Evans, Executive Director & Jamie Stephens, Director of Programs

Community Greeting: *Kay Cashion, Guilford County Board of Commissioners*

Opening Speaker: *Linda Wells-Mattoon, "A Bipolar Success Story"*

Session I: 9:45 a.m. - 11:15 a.m.

I-A: Addiction, Families, and Recovery

Presenter: Andrea Willoughby, MSW, LCSW-P, LCAS Family Therapist, Bridgeway Behavioral Health

Objective: To explain and assess codependency, increase awareness of the recovery process, and explore the important components of a successful recovery program.

I-B: Psychopharmacology Update

Presenter: Parish McKinney, MD Board Certified Adult Psychiatrist

Objective: To provide an overview of medications and their use in the treatment of mental illness.

Lunch & Plenary Session: 11:15 a.m. - 12:45 p.m.

Speaker: TBA

Session II: 12:45 p.m. - 2:15 p.m.

II-A: All Dual Diagnoses Are Not Created Equal

Presenter: Melissa Floyd, Ph.D. Associate Professor, UNCG Department of Social Work

Objective: To explore different types of dually-diagnosed consumers and the clinical challenges associated with each group. Case examples will be utilized from the presenter's clinical work.

II-B: Peer Support and the Recovery Journey

Presenter: Beth Melcher, Ph.D. President / CEO, Recovery Innovations of North Carolina

Objective: To understand the role peer support can play in promoting and sustaining recovery and the challenges involved in successfully integrating peer support into our service systems.

Session III: 2:30 p.m. - 4:00 p.m.

III-A: How to Get Your Emotional Needs Met

*Presenter: Sharon DeEsch, LPC, LCAS, MAC
Substance Abuse Counselor, Moses Cone Behavioral Health Center*

Objective: To learn how to identify, understand and utilize the four basic styles of communication more effectively.

III-B: Vision Horse: Communication, Healing, and Recovery

Presenter: Cat Cambareri, RN, NCC President, Tree of Life Farm

Objective: To explore how horses can teach us about the potential of the present, following our instincts, and adjusting to change. No riding involved!