

Triad Warm Line



(336) 272.2121

We're here to listen...We're here to help.

Reaching
out to
those
who need
a warm voice,
support, or
information.

What is a warm line?

A warm line is a service which offers free, confidential support for non-crisis related issues.

Warm lines are staffed by peer operators who offer phone support to provide **a safe way to make contact and develop meaningful relationships** when experiencing feelings of loneliness, boredom, and stress. We listen, chat, empower, problem solve, inform and refer.

Warm Line hours

Thursdays 4 - 9pm
Fridays 4 - 11pm
Saturdays 4 - 11pm
Sundays 4 - 9pm

Mental Health
ASSOCIATION IN GREENSBORO
Advancing Mental Wellness

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