



10/1/2016

# Greensboro Community Resource Guide



**Systems of Recovery**  
MENTAL HEALTH ASSOCIATION IN GREENSBORO

## Clothing Assistance Resources

Organization Name	Service Provided	Contact Info
Bargain Box of Greensboro	Thrift Store	122 North Elm St Greensboro, NC. 27401 336-273-6349
Encore! Boutique	Thrift store	2222 Golden Gate Drive Greensboro, NC. 27401 Mon-Sat: 10am to 5:30pm 336-676-5871
Goodwill industries	Clothing at discount prices	1235 S. Eugene St, Greensboro NC. 27401 (336) 275-9801
Salvation Army	Clothing at discount prices	1311 S. Eugene St, Greensboro, NC 27406 336-235-0368

## Employment Resources

Organization Name	Service Provided	Contact Info
Guilford County Employment-Greensboro Office	Unemployment insurance	2005-B South Elm-Eugene St Greensboro, NC 27406 336-334-5777
Guilford County Employment-Greensboro Career Center	Job search referral and other career assistance	303 North Raleigh St. Greensboro, NC. 27401 336-373-5922
Triad Goodwill Resource Center	Vocational rehab and community resource center	1235 South Eugene St Greensboro, NC. 27406 336-275-9801
Welfare Reform Liaison Project Inc	Free job trainings for individuals over 18 and with a GED or high school diploma	2601 Greengate Dr. Greensboro, NC 27406 336-691-5780

## Financial, Utility, and Rent Assistance Resources

Organization Name	Service Provided	Contact Info
Department of Social Services	Medicaid, welfare, food stamps etc.	1203 Maple St. Greensboro, NC. 27405 336-641-6996
Guilford Low Income Energy Assistance Program	One-time cash grant payment for low-income families	1203 Maple Street, Greensboro NC. 27405 336-641-3000
Greensboro Urban Ministries	Emergency utility bill assistance program	305 West Gate City Blvd Greensboro, NC 27406 336-271-5959
Salvation Army	Only by appointment and for utility disconnection/shut off only.	1311 S. Eugene St, Greensboro, NC 27406 336-235-0368
St Vincent de Paul Society	Utility bill assistance up to \$50.00	109 W Smith St., Greensboro, NC 27401, 336-232-0336
Welfare Reform Liaison Project Inc	Program provided by Duke Energy, and designed to help income-qualified customers to save energy and reduce their bills	2601 Greengate Dr. Greensboro, NC 27406 336-691-5780

## Food Resources

Organization Name	Services Provided	Contact Info
Blessed Table Food Pantry	Food pantry	3015 E. Bessemer Avenue Greensboro, NC Phone (336) 333-2266
Food Assistance Incorporated	Groceries on wheels for low-income and/or disabled individuals aged 65 and up	102 Kirk Road Greensboro, NC 27455 Phone (336) 988-8899.
Food Not Bombs	Hot free meal Monday's 3:30 to 6:30pm	Interactive Resource Center 407 East Washington St

## Food Resources Cont.

Organization Name	Services Provided	Contact Info
Greensboro Urban Ministries	Emergency assistance food program Food pantry Free lunch 10:30-12:30, Sun-Sat	305 West Gate City Blvd Greensboro, NC 27406 336-271-5959
Guilford Department of Social Services	Food stamps	1203 Maple Street Greensboro, NC 27405 (336) 641-3000
Hot Dish and Hope (First Presbyterian Church)	Hot free meal served Tuesday's and Thursdays Arrive between 6-6:30pm	Mullin Life Center 706 N. Greene St. Greensboro, NC
House Of Refuge Missions	Food bank and thrift store	216 S Elm St., Greensboro NC 27401 336-691-1470
One Harvest Ministries	Discounted food purchase program	2 locations: 2400 S Holden Road Greensboro, NC 27407 Site Contact: Debbie Bailey Site Phone: (336) 299-8062  4530 Jessup Grove Road Greensboro, NC 27410 Site Contact: Alan Hart Site Phone: (336) 541-8391
New Birth Sounds of Thunder Cristian Center	Hot meal Wednesday's at 5:30	2300 S. Elm-Eugene St Greensboro, NC
The Servant Center	Grocery assistance program	1312 Lexington Avenue, Greensboro, NC 27403 Phone (336) 275-8585

## Helpline Resources

Organization Name	Service Provided	Contact Info
Family Services Crisis Line	Mental health and domestic violence crisis line	336-273-7272
Hopeline	Confidential mental health crisis line	919-231-4525 or 1-877-235-4525
National Alliance of Mental Illness	Confidential crisis and help line	(336) 370-4264

## Housing Resources

Organization Name	Services Provided	Contact Info
Greensboro Housing Authority	Safe, quality, affordable housing to low-income families, elderly, and the disabled	450 North Church Street Greensboro, NC 27401 336-275-8501
Greensboro Housing Coalition	Will advocate and help you find fair, safe, & affordable housing	122 N Elm St #4, Greensboro, NC 27401 336-691-9521
Greensboro Urban Ministry	Shelter for men Shelter for women with children Mixed gender shelter Supportive housing assistance	305 W Lee St Greensboro, NC 27406 336-271-5959
Interactive Resource Center	A refuge for anyone experiencing homelessness	407 E Washington St, Greensboro, NC 27401 336-332-0824
Joseph's House Incorporated – Homeless Services for Men	Homeless shelter and housing assistance for men	2703 E. Bessemer Ave. Greensboro, NC 27405 336-389-9880
Mary's House	Housing for women in recovery from substance abuse and their minor children	520 Guilford Avenue Greensboro, N.C. 27401 336-275-0820
Partnership Village Transitional Housing (Greensboro Urban Ministries)	For people who have been recently evicted or are formerly homeless. Help you find housing and provide information on rent assistance if needed	135 Greenbriar Rd, Greensboro, NC 27405 336-286-6401
The Servant Center –	Housing for Disabled and Veterans	1312 Lexington Avenue Greensboro, North Carolina 27403 336-275-8585
Salvation Army	Center of Hope Shelter and Shelter to Success housing program	1311 S. Eugene Street Greensboro, NC 27406 336-235-0348

## Medical Resources

(See Handout)

## Mental Health Resources

<b>Organization Name</b>	<b>Services Provided</b>	<b>Contact Info</b>	<b>Insurance &amp; Payment Info</b>
Brassfield Center for Psychotherapy	Psychotherapy Life coaching and guidance Bodywork and movement therapy	2012-E New Garden Rd. Greensboro, NC 27410 336-288-0588 Ext.:2	Sliding fee scale Blue Cross Blue Shield, Medicaid, State Employees, Tri-Care
Carolina Psychological Associates	Psychological evaluation Individual, marital, and family counseling Crisis intervention and conflict resolution Stress reduction and management Career counseling Parenting issues Psycho-educational groups	5509-B West Friendly Avenue, Suite 106 Greensboro, NC 27410 336-272-0855 Ext.:111	Aetna, Blue Cross Blue Shield, Cigna, Humana, Medcost, Medicaid, Medicare, NC Health Choice, Self Pay, State Employees, Tri-Care, United Health Care
Cornerstone Psychological Services	Individual and family counseling	2711-A Pindale Rd. Greensboro, NC 27408 336.540.9400	Aetna, Blue Cross Blue Shield, Cigna, Medcost, Medicaid, Self Pay, Tri-Care
Family Services of the Piedmont	DV shelter Consumer credit counseling services Employee assistance program Group counseling Individual & family counseling Male batterers program Victim services	315 East Washington Street Greensboro, NC 27401 (336) 387-6161	Medicaid, sliding scale, no insurance
Guilford Counseling	Individual therapy Dialectical behavioral therapy skills group Wellness workshop	430 Battleground Ave Greensboro, NC 27401 336-337-5469	Medicaid Self Pay
Hillcrest House	9 bed therapeutic residence for adults who have a primary diagnosis of mental illness and/or emotional disorder	1505 W. Friendly Ave., Greensboro, NC 27403 (336) 273-1782	Medicaid, other, private pay
Mental Health Association of Greensboro	Wellness and recovery classes Compeer program Peer support services Support groups	301 E. Washington St. Suite 111 Greensboro, NC 27401 3336-373-1402	Free services

## Mental Health Resources Cont.

Monarch	Open Access Outpatient Therapy Assertive Community Treatment Team (ACTT) Medication management	The Bellemeade Center 201 N. Eugene St. Greensboro, NC 27401 (336) 676-6840	No Insurance Sliding fee scale Aetna, Cigna, Humana, Medicaid, Medicare, NC Health Choice, Self Pay, Tri-Care, United Health Care
National Alliance on Mental Illness (NAMI) Guilford	Wellness classes Support groups	<a href="http://namiguilford.org/">namiguilford.org/</a> 336-370-4264	Free services
Presbyterian Counseling Center	Individual therapy	3713 Richfield Rd. Greensboro, NC 27410 336-288-1484	Sliding fee scale Medicare, most insurance plans
Restoration Counseling Center	Individual Christian counseling for women	1301 Carolina Street, Suite 114, Greensboro, NC 27401 336-542-2060	Significantly reduced fee
Sanctuary House	Psycho-social Rehabilitation clubhouse Individual and group therapy Clinical assessments	518 N. Elm Street Greensboro, NC 27401 336-275-7896	Free services
Serenity Counseling and Resource Center	Outpatient therapy Comprehensive clinical assessments Medication management Community support team Psycho-social rehabilitation	2211 W. Meadowview Rd. Suite 10 Greensboro, NC 27407 336-617-8910	Aetna, Blue Cross Blue Shield, Humana, Medicaid, Medicare, NC Health Choice, Tri-Care
Step-by-Step Care	Individual and family therapy Community support team Diagnostic assessment Comprehensive clinical assessment Mental health assessment Medication management	709 E. Market Street, Suite 100-B Greensboro, NC 27401 (336) 378-0109	Medicaid
Therapeutic Alternatives	Mobile crisis services	Mobile Crisis phone-1-877-626-1772	Free service

## Mental Health Resources Cont.

The Ringer Center	Mental evaluations Individual and family therapy	213 E. Bessemer Ave Greensboro, NC 27401 336-379-7146	No insurance Sliding fee scale Aetna, Blue Cross Blue Shield, Champus, Cigna, Medcost, Medicaid, Medicare, NC Health Choice, Physicians Health, State Employees, Tri-Care, United Health Care
Tree of Life Counseling	Individual and family counseling	1821 Lendew St Greensboro, NC 27408 Phone: 336-298-1832	No insurance Free-no cost Sliding fee scale Aetna, Blue Cross Blue Shield, Humana, Medcost, Medicaid, NC Health Choice, Self Pay, State Employees, Tri- Care, United Health Care
Wright Care Services	Individual Therapy Psychosocial Rehabilitation Crisis Management	204 Muirs Chapel Rd Ste 205 Greensboro, NC 27410 336-542-2884	Blue Cross Blue Shield, Medicaid, NC Health Choice, Self Pay

## Transportation Resources

Organization Name	Services Provided	Contact Info
Greensboro Transit Authority	Public bus transportation and SCAT	336-335-6499-Customer service line
Piedmont Authority for Regional Transportation (PART)	Provides inter-city and regional public transportation for Greensboro and other counties	336-883-PART (7278)