

## Special Thanks

Since 2015, Mental Health Greensboro has been fortunate to have the support of two outstanding local organizations advocating for mental health wellness in our community. Shea's Chase 5k Run/Walk and Lefty for Life Memorial Golf Tournament are two annual fundraising events born from the grief experienced over the loss of loved ones who succumbed to their mental illness and left a void in the hearts of those who knew and loved them. We appreciate all the love, hard work and time Shea's Chase and Lefty for Life put into advocating for mental health wellness. Their work to bring awareness of important mental health issues to our community is to be commended. Mental Health Greensboro is able to provide free services to the most vulnerable of our society thanks to the ongoing and generous efforts of these organizations.



Shea's Chase, founded in loving memory of Shea McKenna, is a 5K Run and Walk that has graciously supported the work of Mental Health Greensboro since 2015. Seeking to highlight the link between mental health and physical health, and using exercise as a tool to maintain wellness, Shea's Chase works to de-stigmatize mental health challenges, raise awareness of suicide prevention, and provide support to survivors. To date, since 2015, Shea's Chase has raised \$234,624 to help expand the reach of programs provided by Mental Health Greensboro.

The 4th annual Lefty for Life CBG Memorial Golf Tournament, played in remembrance of Charles Bradley Gunn and the game he loved, took place on October 4th of this year and benefitted Mental Health Greensboro for the fourth year in a row. We are grateful for the amazing donation of over \$41,800 Lefty for Life has contributed to our cause since 2015. Mental Health Greensboro utilizes this generosity to help those suffering with depression through peer support and wellness classes, so that recovery can be achieved and maintained.



## Major Program Supporters



# Individual and Corporate Supporters

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